













It all began in the Middle East, a land of mystery and intrigue, with Sheiks, who while riding gaily decorated camels and spirited horses, ruled the desert with golden scepters and gilded swords. This was the birthplace of the famed puzzle rings. Centuries ago these puzzle rings served as wedding bands, and were worn by women of nomadic tribes. The husband held the secrets of the rings. This guaranteed his wife's faithfulness, for the ring once removed from her fingers would fall apart.

					
<p>1. Place Center Band stamped "5" between the thumb and forefinger in your left hand with lip facing away from you.</p>	<p>2. Bring band stamped "1" up with your right hand and place next to center band. The outside portion of the band will be against the center band with the flat stamped side out.</p>	<p>3. Switch hands and bring band stamped "2" up with your left hand and place next to center band. This is the other outside band.</p>	<p>4. Grasp band stamped "4" in your left hand with the stamp facing towards you, allowing the "1" and "2" bands to fall down to one side. This band is the band that crosses over on a diagonal when the ring is assembled.</p>	<p>5. Take the band on the bottom, stamped "3" and bring it up towards you with your right hand until the rings are parallel.</p>	<p>6. Holding the "3" band between your thumb and forefinger, turn band clockwise.</p>
					
<p>7. Continue turning band until you have completed a 180-degree rotation</p>	<p>8. The bands should fit together, holding the two outside bands ("1" and "2")</p>	<p>9. When the last step is completed, "3" and "4" create an X.</p>	<p>10. Still holding the "3" and "4" bands, take center band, stamped "5" and gently push it down the center of the ring.</p>	<p>11. The band will slide between "3" and "4". Do not let the ring get too loose; just hold a gentle pressure between your thumb and forefinger.</p>	<p>12. Take the first band on the same side which is "2" and rotate the band until the irregular shaped part is on the inside of the ring.</p>



13. When you have completed the rotation, be sure that the "V" shaped part on the inside of the ring is over the remaining loose band



14. Bring band up and fit against "3", "4", and "5" bands.



15. Turn ring around and start rotating "1" until the irregular part of the band is on the inside.



16. When you have completed the rotation, bring "1" band up against the other three rings.



17. Congratulations, you have assembled your ring.